

# how to make a strong password



Don't use common words or phrases (password, iloveyou) or series of letters or numbers (12345, qwerty, aaaaaa)



Use a combination of upper and lowercase letters, numbers and symbols



Make it unique for each app or website you use - use a password manager to keep track of multiple passwords



Minimum of 8 characters



Don't use your name, username, phone number, birthday, pets' names or other personal information



Use a passphrase or series of random 2-3 words for greater security (horse battery staple)

