how to make a strong password

- Don’t use common words or phrases (password, iloveyou) or series of letters or numbers (12345, qwerty, aaaaaa)
- Use a combination of upper and lowercase letters, numbers and symbols
- Make it unique for each app or website you use – use a password manager to keep track of multiple passwords
- Minimum of 8 characters
- Don’t use your name, username, phone number, birthday, pets’ names or other personal information
- Use a passphrase or series of random 2-3 words for greater security (horse battery staple)